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FOR IMMEDIATE RELEASE

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**A TAVOLA CON LE TRADIZIONI DELL'UMBRIA
ICCC CHEF'S COOKING DEMO & DINNER SERIES**

WHAT: The Italian Cultural & Community Center of Houston is back with “*A Tavola con le Tradizioni del...*” chef’s demo & dinner series aimed at promoting authentic Italian *cuisine* and culture.

Every month an Italian chef based in Houston together with the ICCC Director, Programs & Marketing, Tiziana Triolo, will guide the public through a virtual tour of Italy exploring not only the culinary art of the region but also the history, the art and the tradition. This March, Executive Chef Maurizio Ferrarese of Quattro Restaurant, Four Seasons Hotel, will take the lead and will guide the public to the discovery of *Umbria* gastronomic treasures.

ICCC Director, Programs & Marketing, Tiziana Triolo, together with Executive Chef Maurizio Ferrarese wowed the audience last month with the “*Chef for one Night*” competition. Three guests, under Maurizio’s guidance delighted the taste of a “*judge*” by cooking one of the dishes included in the menu of that evening. Executive Chef Ferrarese also adds “I am very proud to be part of such a successful program of the ICCC and this collaboration further strengthen the solid relationship that the ICCC and the Four Seasons Hotel of Houston have established in the past years”. ICCC Director, Programs & Marketing finally concludes “*A Tavola con le Tradizioni del...*” is a cultural journey where the audience can experience Italy and its traditions without leaving Houston! Stay tuned on <http://www.iccchouston.com/> for more amazing events in collaboration with Maurizio Ferrarese!”

The menu of the dinner features *Panzanella* as appetizer, followed by *Gnocchi al Castrato* as first course and *Pesce d’acqua dolce in umido* as second course. The dessert will feature *Strufoli di San Giuseppe* and all courses will be accompanied by wines specifically selected by Executive Chef Maurizio Ferrarese. An alternative to the first course is available for people abstaining from meat during Lent, *Gnocchi ai Quattro Formaggi*.

The Italian Cultural & Community Center is a 501c3 whose mission is to preserve, celebrate and advance Italian culture and heritage. To learn more about Italian Cultural & Community Center’s multiple programs and offerings visit our website: <http://www.iccchouston.com/>.

WHO: Italian Cultural & Community Center

WHEN: **Friday, March 07, 2014**
7:00 p.m.

WHERE: ICCC Houston
1101 Milford
Houston, TX 77006

PRICE: \$75 for ICCC Members, \$90 for Non-Members.
Price includes: Introduction to the Italian region, Chef’s Demonstration, Full Course Dinner, Wine and Beverages.
Tickets can be purchased on eventbrite.com

ON-SITE

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